

The Grow Healthy Club Kids' Menu



A bite-size note for parents

We understand that your children's health always comes first. We believe that the earlier you plant the seed that healthy food can be good food, the more your children will enjoy healthy and delicious dishes, so as they grow

up, they grow healthy. We've created a menu full of nutritionally balanced meals and wherever possible they are free from additives and lower in salt and sugar.

5 1 of your 5 a day

v Vegetarian

⓪ Additive free

i Low salt

Ⓞ Omega-3

A LITTLE BIT HUNGRY

All dishes 2.95

Tremendously tasty tomato soup v

Creamy tomato soup to slurp

Really cheesy garlic bread v

Crunchy slices of toasted garlic bread and cheese

REALLY HUNGRY

All dishes 4.95

Terrific tomato pasta v ⓪ i

Pasta tubes and yummy tomato sauce topped with Cheddar cheese

Magnifico margherita pizza v

Pizza topped with tomato sauce, Cheddar cheese and chips on the side

Crispy chicken dippers 5

Oven-baked chicken dippers made from 100% chicken breast with chips and mixed vegetables

Mega fish fingers Ⓞ

100% fish fillet fingers (bursting with Omega-3), chips and beans

ROOM FOR A TREAT

All dishes 2.95

Double ice cream

Two scoops of your all-time favourite flavours, choose from strawberry, chocolate or vanilla

Funky fruit salad 5

Diced seasonal fresh fruit

SUPER TREATS

All dishes 2.95 (Not included in the Kids Eat Free)

Cookie monster

Chocolate cookie bits, vanilla ice cream and chocolate sauce

Super brownie

Chunky chocolate brownie with warm caramel sauce

IN-ROOM DINING

ABERDEEN

ANGUS

BEEF

BURGER

GAMMON STEAK

ETON MESS

CHEESECAKE

CHICKEN

KIEV

CAESAR
SALAD

PORK
RIBS

PIZZA

CHOCOLATE
BROWNIE

STICKY BEEF SALAD

(v) No meat or fish. (24) Available 24 hours. *Approximate uncooked weight.

Kids Eat Free Programme. Children under 13 years of age are offered free dinner taken from the children's menu, when accompanied by at least one adult ordering a full price main course from the lounge or restaurant menu. The meal offers apply only to the hotel in which the family is staying and during the normal hours of food provision.

A tray charge of £3.00 will be added to your bill. Food allergies and food intolerance: We welcome enquiries from customers who wish to know whether any meals contain particular ingredients.

HI.ROOM.H.0316



Please ask about our extensive range of beers, wines, spirits and hot and cold soft drinks. This menu is available in your room from 11am-10.30pm. Items marked (24) are available 24 hours a day. Please contact in-room dining to place your order.

BRUNCH

Available from 8am to 11am

Brunch bap	6.25
Brioche bap with two fillings of your choice, grilled back bacon, Cumberland sausage, fried egg (v) grilled mushrooms (v) Add additional filling for 50p	
All butter croissant (v)	3.25
Warm croissant with jam	
Toast (v)	3.25
Toasted brown or white bloomer with jam or marmalade	

TO GRAZE AND SHARE

Available from 11am to 10.30pm

Mini Nachos, salsa & sour cream (v) (s)	3.80
Half baby rack of barbecue pork ribs	6.45
Italian style meatballs in spicy tomato sauce	4.35
Duck spring rolls (s)	6.45
Pesto houmous, flatbread strips (v)	4.45

A tray charge of 3.00 will be added to your bill. (v) No meat or fish. (24) Available 24 hours.



OFF THE GRILL

All our burgers come with lettuce and tomato, served with skin-on-fries on the side. Want something extra on your burger, or something removed? Just ask your server

Aberdeen Angus beef burger 8oz* (s)	14.45
Premium 8oz* burger served in a brioche bun and garnished to your liking, please ask your waiter	
Add a topping:	
Hickory smoked	1.00
Monterey Jack cheese, smoked hickory and Applewood sauce	
Tennessee	1.00
Jack Daniels glaze and onion rings	
Breakfast Classic	1.50
Fried egg and grilled back bacon	
Chicken stack	13.95
Chargrilled chicken fillet, butterflied and topped with bacon and cheese in a brioche bun	
Spicy bean burger (v) (s)	13.45
Bean burger on toasted brioche roll with crisp lettuce, tomato, salsa and skinny fries on the side	
Gammon steak and egg (s)	13.45
Grilled 10oz* gammon steak, fried egg, garden peas and chunky chips	
Sticky beef salad	13.95
Honey soy glazed sliced Sirloin, bean sprouts on a crunchy Oriental salad	
Crumbled feta and spinach (v) (s) (24)	11.95
Baby spinach leaves, crumbled feta, toasted pine kernals and honey glazed sauce	
Caesar salad (v) (s)	11.95
Cos leaves, croutons, marinated anchovy fillets, parmesan shavings, tossed in a classic creamy Caesar dressing	
Or with a topping:	
Grilled chicken breast (s)	14.95
Grilled salmon fillet (s)	15.45

FROM THE GARDEN

Sticky beef salad	13.95
Honey soy glazed sliced Sirloin, bean sprouts on a crunchy Oriental salad	
Crumbled feta and spinach (v) (s) (24)	11.95
Baby spinach leaves, crumbled feta, toasted pine kernals and honey glazed sauce	
Caesar salad (v) (s)	11.95
Cos leaves, croutons, marinated anchovy fillets, parmesan shavings, tossed in a classic creamy Caesar dressing	
Or with a topping:	
Grilled chicken breast (s)	14.95
Grilled salmon fillet (s)	15.45

FROM THE KITCHEN

Fish and chips (s)	14.45
Beer battered fish with mushy peas, chunky chips and tartar sauce. Ask your server for today's fish	
Beef or vegetable lasagne (v) (s)	12.95
Oven-baked lasagne with mixed salad and garlic ciabatta	
12" Stuffed crust pizzas	13.45
Choose from:	
BBQ pulled pork	
Pepperoni	
Four cheese melt (v)	
Punjabi chicken tikka masala (s) (24)	13.25
Tender chicken breast slow cooked in a spicy masala sauce. Basmati rice, poppadoms and mango chutney	
Soup of the day (v) (s) (24)	5.75
Freshly made soup of the day, served with rustic bread	
Chicken Kiev (s)	14.95
Chicken filled with garlic butter, coated in golden breadcrumbs and served with sautéed new potatoes and green beans	

FROM THE DELI

All sandwiches are served on your choice of white or brown bloomer, wrap or rustic baguette
Add a mug of today's soup for 1.50 more

Ham and English mustard (24)	6.30
Cheese & Branston pickle (v) (24)	6.30
Chicken & Coleslaw (24)	6.45
Tuna mayonnaise (24)	6.30
Classic club	11.95
Grilled chicken breast, bacon, egg, mayonnaise, tomato and salad on toasted white or brown bloomer with skinny fries	
Meatball sub	10.95
Warm meatballs, tangy tomato sauce, cheese topping in a crispy baguette with skinny fries	

Gluten-free bread available on request

A tray charge of 3.00 will be added to your bill. (v) No meat or fish. (24) Available 24 hours.

SIDES

All at 2.50 each	
Naan bread (v)	
Garlic ciabatta	Add cheese 50p (v)
Beer battered onion rings (v)	
Skin-on-fries (v)	

TREATS

Warm chocolate brownie (s)	5.50
Rich and Indulgent chocolate brownie with a scoop of vanilla ice cream	
Eton mess cheesecake (s)	5.50
Baked vanilla cheesecake with strawberries and meringue topping	
Ice cream selection (s) (24)	4.95
Selection of ice cream, vanilla, strawberry or chocolate	

TRY ME